

# Term One Schedule

**Beginners:**  
Enrol with a  
friend and  
both save  
10% off  
standard fee  
(Conditions Apply)

## Term One 6th February—31st March

Fees: \$92 Standard Fee \$82 Concession  
8 week term



Conditions: Shoes must be worn. Please bring water to drink.  
In consideration of others we request you do not wear  
perfume or aftershave to class.

<u>Classes Start:</u>	<u>Location</u>	<u>Programmes Offered</u>
<b>Monday 6th February</b>	<b>REYNELLA</b> Neighbourhood Centre, Old South Rd (Rosemary)	*Beginners: 1.00-2.00pm Advanced: 1.00-2.30pm
<b>Monday 6th February</b>	<b>MITCHAM</b> Cultural Village Cnr. Princes and Torrens Roads (Yvonne/Elisa)	*Tai Chi Arthritis 10.00-11.00am *Beginners: 11.00-12.00noon
<b>Tuesday 7th February.</b>	<b>MITCHAM</b> Cultural Village Cnr. Princes and Torrens Roads (Yvonne/Elisa)	Advanced: 10.00 -11.00am *Beg2/Ch.2:11.00am-12.00noon
<b>Tuesday 7th February</b>	<b>TROTT PARK</b> Neighbourhood Centre 34 Hessing Cres. (Rosemary//Dan)	Tai Chi Ch. 3: 6.30-7.30pm *Beginners: 6.30-7.30pm Ref/42 Forms: 7.30-8.30pm
<b>Wednesday 8th February</b>	<b>HOVE:</b> Holdfast Bay Community Centre, 51 King George Ave. (Rosemary/Diana/Robin)	*Beg/Intermediate:9.30-10.30am Advanced: 10.30-11.30am Weapons: 11.30am-12.00pm
<b>Thursday 9th February</b>	<b>FLAGSTAFF HILL</b> Primary School, Black Rd. (Rosemary/Diana)	*Beginners: To be advised Tai Chi 42 Forms: 7.00-8.30pm
<b>Thursday 9th February</b>	<b>HOLDEN HILL</b> Community Centre, 82 Valiant Rd. (Brenda)	*Beg./Ch.4/Ref: 6.30-7.30pm Sun Style: 7.30-8.30pm

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**Website: [www.emedici.com/movingmeditation](http://www.emedici.com/movingmeditation)**

**\*Suitable for Beginners**

**All Classes Subject to Sufficient Enrolment**

**Fees non-refundable unless accompanied by a medical certificate**

