



Moving Meditation

School of Tai Chi and Qigong

Beginners:
Enrol with a
friend and
both save
10% off
standard fee
(Conditions Apply)

Free Lesson Week

30th January—3rd February

Fees: \$92 Standard Fee \$82 Concession

8 week term commencing 6th February

**Conditions: Shoes must be worn. Please bring water to drink.
In consideration of others we request you do not wear
perfume or aftershave to class.**

<u>Date</u>	<u>Location</u>	<u>Beginners FREE LESSON</u>
Monday 30th January	REYNELLA Neighbourhood Centre, Old South Rd (Rosemary)	1.00-2.00pm
Monday 30th January	MITCHAM Cultural Village Cnr. Princes and Torrens Roads. (Yvonne/Elisa)	11.00am-12.00pm
Tuesday 31st January	TROTT PARK Neighbourhood Centre 34 Hessing Crescent (Rosemary/Dan)	6.30—7.30 pm
Wednesday 1st February	HOVE: Holdfast Bay Community Centre, 51 King George Ave. (Rosemary/Diana/Robin)	9.30—10.30 am
Thursday 2nd February	FLAGSTAFF HILL Primary School, Black Rd. (Rosemary/Diana)	7.00—8.00 pm
Thursday 2nd February	HOLDEN HILL Community Centre, 82 Valiant Rd. (Brenda)	6.30—7.30 pm

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All Classes Subject to Sufficient Enrolment

**Fees non-refundable unless accompanied by a medical
certificate**

